

Bringing  
Your Potential  
Into Focus

# Allwood & Associates

TRAINING AND CONSULTING GROUP

Specialising in a range of NGO,  
Community, Health & Government  
Sector Services

Professional Training & Development Directory

2016-17



## Leadership & Management

DAYS

Effective Leadership & Management Practices	2
Project Management Essentials	2
Successful Change Management	1
Building High Performance Teams	1
Supervisor as Coach & Mentor	1
Managing Challenging People	1
Results Focussed Strategic & Action Planning	1
Effective NGO Board Governance	1
Manage People, Performance & Feedback	1
Quality Improvement & Risk Management	1
Management Style, Team Dynamics & Climate	1

## Counselling & Client Work

DAYS

Effective Case Management & Collaborative Care	1
Working with Dual Diagnosis Clients	1
Solution-Focussed Brief Therapy (SFBT)	1
Cognitive Behavioural Therapy (CBT)	1
Motivational Interviewing	1
Interpersonal Psychotherapy (IPT)	1
Working with Angry, Resistant Clients	1
Critical Incident Management	1



In-house training  
available throughout Australia.

We deliver our customised services and in-house training programs to organisations from all sectors across all cities, regions and remote areas.

## IN-HOUSE TRAINING

Ask us about customising in-house training to meet your organisation's requirements.

Available in all cities & regional areas.

Fee dependent on venue & numbers.

Course descriptions available online

Contact us for an obligation free quote

Leading Psychosocial Skills Training Groups	1
Dialectical Behavioural Therapy (DBT)	1
Acceptance & Commitment Therapy (ACT)	1
Narrative Therapy	1
Trauma Informed Care & PTSD Interventions	1
Resilience & Strengths-Based Practice	1

**ADDITIONAL  
COURSES  
AVAILABLE**

## Design a customised program!

The training programs in this directory are indicative only. Contact us to discuss your staff development needs. We specialise in the design and delivery of a wide range of customised courses and professional development strategies which will target your specific organisational requirements.

Strategic / Action Planning

Organisational Reviews

Change Management

Team Facilitation

Management Consulting

NGO Capacity Building

360 Degree Surveys

Organisational Development

## Workskills & Performance

DAYS

Conflict Resolution & Mediation Skills	1
Advanced Group Facilitation Skills	1
Manage Frontline Client Service Challenges	1
Professional Business Writing	1
Presenting with Confidence	1
Effective Workplace Communication	1
Self Leadership – Time & Stress Management	1
Client Confidentiality, Consent, Records & Ethics	1
Advanced Training Design & Facilitation	1



[www.allwoodassociates.com.au](http://www.allwoodassociates.com.au)

## International Consultancies

Our organisational consultants and trainers have a range of experience working with international non-government and government agencies providing services across diverse sectors.

## NGO Board Development

- Board governance training
- Board policy & procedures manual
- Strategic & business action planning
- Board development & governance support

## Leadership & Management Coaching

- Work one-on-one with a leadership coach
- Personalised self-paced programs
- Suitable for Directors, Managers, Team Leaders, Supervisors

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## Specialising in...

- Strategic / Action Planning
- Organisational Reviews
- NGO Capacity Building
- Leadership & Management Coaching
- Organisational Development
- Change Management
- Integrated HR Strategies
- Team Facilitation
- Performance Management
- Employee Assistance Programs
- Organisational Psychology
- Resource Development
- Program Evaluation
- 360 Degree Surveys



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### Contact Us:

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