

# PROFESSIONAL SUPERVISION PROGRAM

## What is professional supervision?

Professional Supervision involves a flexible, individualised, tailored approach to professional development, which provides a forum to reflect on and address workplace practices, issues and challenges, and receive feedback, guidance and coaching to improve professional competency.

## Who would benefit?

Any staff working at any level of an organisation including: frontline staff, case managers, customer service staff, service providers, support staff, counsellors, psychologists, social workers, volunteers, supervisors, team leaders and senior managers.

**FEE:** Varies depending on venue, sector, numbers & service provided.

**DURATION:** Typically 1-2 hour sessions on a fortnightly or monthly basis.

**DELIVERY MODE:** Flexible – either via telephone or face-to-face at your workplace.

## What does a professional supervision program include?

- Confidential sessions with an independent professional external to your organisation.
- A supervisor who has expertise in working with your profession / service / sector.
- Current evidence-based models, interventions, resources and tools.
- An individualised tailored program aimed at meeting your specific professional development needs and goals as required to manage workplace challenges and improve work performance.
- Needs analysis and assessment of your current competencies, gaps and areas requiring development.
- A personal action plan which identifies goals which are important to you and links to your work role, workplan and organisational goals.
- Increased self-awareness through personalised feedback, learning and engagement processes.
- Relevant ethical, legal and professional practice legislation and guidelines impacting on your role and work.

## Group or individual supervision?

- Professional supervision can be arranged in-house for groups or individuals.
- If group supervision is the preferred option, consideration must be given to the mix of participants (eg profession / roles / work related issues etc) to ensure effective outcomes.

## Contact us for more information!

PO Box 460 Surry Hills, NSW Australia 2010  
Tel: +61 (0) 2 8399 0358  
Email: [info@allwoodassociates.com.au](mailto:info@allwoodassociates.com.au)

[www.allwoodassociates.com.au](http://www.allwoodassociates.com.au)