

COUNSELLING & CLIENT WORK COURSES

TRAUMA INFORMED CARE & PTSD INTERVENTIONS

Course overview

This training program will provide an overview of trauma informed care and PTSD interventions applicable across a range of professions, worker roles and services.

Who will benefit from this course?

Anyone providing psychosocial interventions in a range of health and community settings, including for example: counsellors, case managers, support workers, social workers, psychologists, family workers, youth workers, medical and allied health professionals.

DURATION: 1 Day

FEE: Varies depending on venue, sector, numbers & service provided

IN-HOUSE TRAINING: By arrangement with your organisation

CUSTOMISED TRAINING: To meet the specific requirements of your service and sector

VENUE: Available **Australia-wide including remote & regional areas**

Discounts for NGOs

Course content

- An overview of the fundamental concepts of 'trauma informed care and practice' (TICP) and 'post traumatic stress disorder' (PTSD).
- Definition of trauma and PTSD; trauma types, levels and severity of trauma resulting in mental health issues.
- Trauma prevalence, exposure within populations (e.g. mental health client populations), and the impact over the life span.
- The impact of trauma on neurodevelopment; impact on cognitive, social, emotional; risk taking; disease, disability and social problems.
- The impact of a service approach on trauma affected clients.
- Defining TICP and the implementation TICP into organisational structures, policies and treatment framework.
- Key principles of TICP, key features of TICP systems, and universal precautions as a core TICP concept .
- Recognise systems lacking TICP, and identify the impact of these on the client and service delivery, assess your organisational commitment to TICP and identify areas for improvement.
- An evidence-based model of treatment of trauma and the phases of treatment including: assessment, safety and stabilization; interventions for processing, reconnection and reintegration; utilising social / environmental assets, strengthening protective factors and building resilience.
- The application of treatment and interventions to your work role, profession and service delivery model.
- Practical skills coaching and feedback in a small highly interactive training group.

Contact us for an obligation free quote!

PO Box 460 Surry Hills, NSW Australia 2010

Tel: +61 (0) 2 8399 0358

Email: info@allwoodassociates.com.au

www.allwoodassociates.com.au