

COUNSELLING & CLIENT WORK COURSES

WORKING WITH DUAL DIAGNOSIS CLIENTS

Course overview

This training program will improve participants' knowledge, skills and confidence in working with clients in AOD settings who have co-existing alcohol and other drugs and mental health conditions, to ensure best practice service delivery, and effective management and outcomes for clients.

Who will benefit from this course?

Anyone working with clients who experience co-existing alcohol and other drugs and mental health conditions within AOD settings; including counsellors, case workers, support staff, medical and allied health professionals.

DURATION: 1 Day

FEE: Varies depending on venue, sector, numbers & service provided

IN-HOUSE TRAINING: By arrangement with your organisation

CUSTOMISED TRAINING: To meet the specific requirements of your service and sector

VENUE: Available **Australia-wide including remote & regional areas**

Discounts for NGOs

Course content

- Up-to-date evidence, information, resources and strategies for the management of clients with co-existing alcohol and other drugs and mental health conditions in AOD settings.
- Current Australian / State professional guidelines and principles of practice for working with dual diagnosis clients.
- Recommendations for using a 'clinically-integrated' treatment approach.
- Identifying and assessing co-existing mental health and substance use conditions.
- Practical information on the management of co-existing mental health and other conditions.
- Information and resources for the treatment or referral processes of co-existing conditions.
- Conducting a thorough assessment of all presenting conditions; prioritising and managing those symptoms that are the most severe.
- How to focus treatment and manage distress experienced by the client.
- Incorporating psychosocial strategies for both substance use and mental health problems into the same intervention.
- Strategies to actively engage clients in their treatment and the development of a treatment plan.
- Specific skills and psychosocial strategies required to work with both drug and alcohol and mental health problems.
- Development of a consistent team approach to improve service delivery, coordination and treatment outcomes for clients.
- Practical skills, coaching and feedback in a small highly interactive training group.

Contact us for an obligation free quote!

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